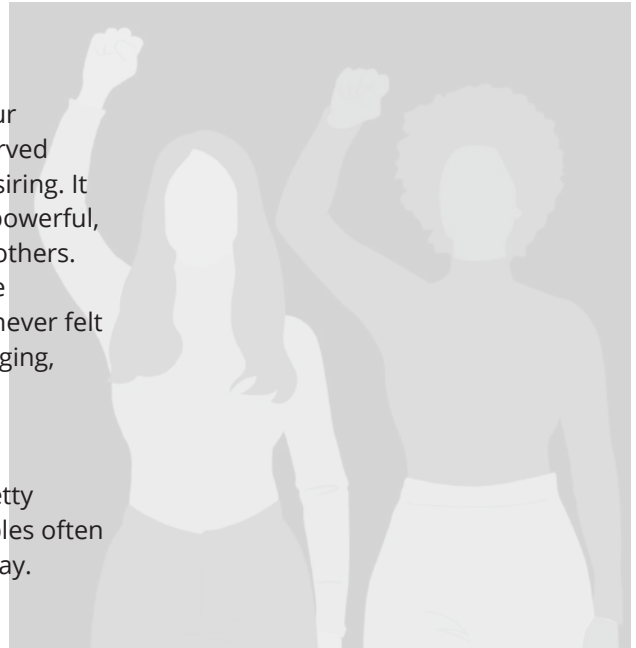


P.O.W.E.R.

Power is a complicated concept riddled with all sorts of connotations—some good, some not-so-good, but for our purposes, let's establish that power isn't something reserved for a select few or a quality we should feel shame for desiring. It also isn't something we should ever deny others. To be powerful, in my book, is directly tied to your capacity to empower others. Some might consider an executive for a major aerospace technologies company powerful, but I promise you, I've never felt more formidable than the moments I've spent not managing, but guiding others to harness their own power.

The P.O.W.E.R. workbook and planner grew from some very simple ideas that have helped me achieve some pretty remarkable things; refer back to these P.O.W.E.R. principles often and let them inform the decisions you make along the way.



WHEN DO YOU FEEL POWERFUL?

“

Your crown has been bought and paid for.
Put it on your head and wear it.

Maya Angelou