

Date: \_\_\_\_\_

Dear \_\_\_\_\_

I wanted to take a moment to apologize to you. I know you had BIG plans and I let some things get in your way. Life interrupted your plans as well. This is our opportunity to set you back on the path you were always meant to be on.

Let's start by thinking back and remembering what stopped you from stepping into your light:

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If you could go back and share your wisdom with your younger self, what would you offer her? What do you wish she'd known?

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What goals did you let go of that you KNOW you can accomplish now?

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What do you need to forgive your younger self for? Do you vow to offer her the grace she deserves now?

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I'm glad we had this talk because you need to remember that there's NO ONE you can count on more than ME (I mean, YOU! ;). The time is ripe to be and do what was always meant for you.

Remember....I love you and I BELIEVE in you. You're READY.

Always, \_\_\_\_\_



